

What Skier Type Are You?



Type I

Ski Cautiously

- Prefer slower speeds
- Prefer cautious skiing on smooth slopes or gentle to moderate pitch
- Entry level skier uncertain of their classification
- Prefer lower than average release/retention settings
- Prefer an increased risk of inadvertent binding release in order to gain increased releasability in a fall



Type II

Ski Moderately

- Prefer a variety of speeds
- Prefer to ski on varied terrain
- Skiers not classified at Type I or Type III
- Prefer average release retention settings, appropriate for most recreational skiing



Type III

Ski Aggressively

- Prefer faster speeds
- Prefer fast and aggressive skiing on slopes of moderate to steep pitch
- Prefer higher than average release/retention settings
- Prefer decreased releasability in a fall in order to gain decreased risk of inadvertent binding release